Tunneling

Tunneling is a self run activity

This activity contributes to the following badges:

My Adventure Challenge Award

Our Adventure Challenge Award

Adventure Challenge Award

Preperation:

- Wear Helmets whilst inside
- Wear Kneepads if needed/available
- All partcipants to wear long trousers and good footwear.

Before the activity starts:

- Open both doors, enterance and exit
- Ensure All Participants have a helmet and Kneepads if needed/Avaliable
- Ensure torches work (if they dont, maybe they can share?)
- Instruct the rules below
- Ensure fun is had!!!

Activity Rules

- No running.
- Keep your head low
- Always wear your helmet when inside the activity
- Keep calm, there are places leaders can pull young people out.
- There are NO rules against a buddy system!
- Do not damage or rip the inside of the caves.
- No pushing or shoving
- Persons with Bad Backs or Potential Pregnancy SHOULD NOT use this activity
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After the activity has finished

- Put all equipment back on hooks neatly.
- Ensure everyone is out of the caving system.
- Lock both doors securely
- Report any accidents, incidents or equipment issues to the duty warden/campsite manager
- Give us feedback on how it was, or how we can improve